



## SMART RULES TO BIKE SAFETY

### 1. PROTECT YOUR HEAD

Wear a helmet.

### 2. STAY VISIBLE

If drivers can see you, they are less likely to hit you. Use lights when biking at night or in low-light conditions.

### 3. OBEY ALL TRAFFIC LAWS & LIGHTS

Follow the rules of the road.

### 4. GO WITH THE FLOW

Bike in the direction of traffic.

### 5. STAY ALERT

Keep a lookout for obstacles in your path.

### 6. ACT LIKE A CAR

Drivers are used to the patterns of other drivers. Don't weave in and out of traffic. The more predictably you ride, the safer you are.

## INVOLVED IN AN ACCIDENT?

### STOP IMMEDIATELY

It's against the law to leave the scene of a crash without identifying yourself and giving assistance.

### HELP ANYONE INJURED

If needed, call 911.

### ASK WITNESSES

To identify themselves.

### IF A MOTOR VEHICLE IS INVOLVED

Record the following information: driver's name, phone number, insurance information, a description of the car, and a licence plate number.

### CALL THE POLICE

All crashes involving a motor vehicle that result in injury or property damage must be reported to the police.

## ROUTE DISTRICTS

### THE BOARDWALK-2.6KM

The downtown area hosts many tourist destinations including the Roberta Bondar Pavilion and Marina, the Port of Sault Ste. Marie, the Art Gallery of Algoma and downtown shops and services.

### HISTORIC DISTRICT-2.3KM

This section passes many key landmarks including the Ermatinger-Clergue National Historic Site and the Canadian Bushplane Heritage Centre and the Sault College Waterfront Adventure Centre.

### EAST NEIGHBOURHOOD-5.4KM

The East Neighbourhood trail is characterized by its residential nature and features a mix of institutional, parks and educational facilities including the Great Lakes Forestry Centre, the Ontario Forest Research Institute, Bellevue Park, the Bellevue Park Splash Pad and Algoma University.

### FINN HILL-2.6KM

The Finn Hill section of the trail is a pure expression of Sault Ste. Marie's natural landscape. Commencing at the staging area off Black Road, the trail winds its way through forested areas, creeks and streams. This section is the most challenging section of the Hub Trail. A 34m vertical climb is required, so caution should be exercised.

### NORTHERN CORRIDOR-4.8KM

This section winds through residential, commercial and institutional areas including Sault College of Applied Arts and Technology and the Sault Area Hospital (SAH).

### FORK CREEK-2.5KM

Fork Creek is one of the city's largest natural green spaces. The magnificent vistas of Fork Creek's natural beauty are magnified by the valley views offered from three bridges spanning up to 135m.

### CARMEN'S WAY-3.5KM

The Carmen's Way section of the trail is a showcase for the economic engine that fueled the development of Sault Ste. Marie. Features include Algoma Steel, the former St. Mary's Paper site, a hydroelectric generation station, the International Bridge and the Ontario Travel Information Centre at the intersection of Huron and Queen Street.

## BIKE MAINTENANCE

### WEEKLY

- Check that your handlebars and seat are tightly secured.
- Check tire air pressure and that wheel quick releases are in the closed position.
- Test the batteries on your bike lights.
- Test to make sure that the brakes are squeezing the rim of the wheel and are not touching the tire.

### MONTHLY

- Wipe your chain and lubricate with chain oil.
- Wipe the dirt from your rims.
- Check the tread on your tires and replace tires if you see bulges or bald spots.
- Check that brake pads are not touching tires and replace pads if they are worn out.
- Test the gears; are they shifting smoothly? If not, it's time to take your bike to an experienced bike mechanic.
- Check for damaged or frayed gear and bike cables.

### ANNUALLY

- Take your bike to a bike mechanic for a thorough tune-up.

## ALWAYS LOCK YOUR BIKE

- Buy a good quality lock.
- Use the lock effectively.
- Choose the right location to lock your bike.
- Register Your Bike at the Sault Ste. Marie Police

This map is for general reference only

Projection Details:  
NAD 1983 UTM Zone 18N  
GCS North American 1983  
Date Created: January 27, 2020



FOLLOW THE

2V1 RULE

TO MAKE SURE YOUR HELMET FITS RIGHT!



2 FINGERS ABOVE YOUR EYEBROWS



1 FINGER BETWEEN STRAP AND CHIN

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